

\$150

## CAREER JUMPSTART: HOURLY COACHING

*For young adults who need targeted help with one big next step—fast.*

This one-hour session is designed to provide expert support on a specific issue, challenge, or goal related to launching a career after college or high school. It's ideal for clients who don't need ongoing coaching (yet) but want focused guidance with an actionable outcome.

### **Common Topics for Hourly Sessions:**

- Resume or LinkedIn review
- Preparing for a job or grad school interview
- Creating a weekly job search routine
- Deciding between multiple offers or paths
- Identifying skill gaps and building a learning plan
- Exploring career directions based on strengths and interests

### **Tools Provided:**

- Digital planning templates
- Interview or resume rubrics (if relevant to session topic)
- Custom 7-day or 30-day action plan after the call

### **Access Level:**

- One 60-minute session
- Email follow-up support for 7 days

### **Ideal for:**

College seniors, recent grads, gap year students, or those pivoting careers.